

Parish Magazine

June 2024



The Clapper Bridge, Bishopstone Photo by Jane Peasley STaB is published by the Parochial Church Council and delivered free of charge to every home in Stratford Tony and Bishopstone. We hope you find it interesting and

informative. **Donations towards publication costs are always welcome.** Donations should be made payable to Bishopstone Parochial Church Council and sent to: The Treasurer, Bishopstone PCC, Ebble Cottage, Mill Lane, Bishopstone, SP5 4BG. Please state on a cover note that it is for STaB.

The views in this magazine are not necessarily those of the PCC.

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Any articles for inclusion are to be submitted by 5pm on the 20th of the month to appear in the next issue - *unless the magazine is already full*. The editors reserve the right to edit all contributions.



Please note that the Safari Supper planned for Saturday June 22nd has sadly been cancelled. Helen and Brian Clarke put in a huge amount of organisation for this brilliant event, which also raises much needed money for the Salisbury Foodbank, but this year there was not enough interest to make it viable.

Hopefully we will see the return of the Safari Supper in the future.



A warm welcome to Bishopstone and Stratford Tony...

Please let us know if you know of anyone who moves into Bishopstone or Stratford Tony - or indeed if you yourself have recently moved in, please do introduce yourselves! - so that we can offer them/you a welcome in STaB.



Hello from the Revd Canon Jenny Taylor



As the new Parochial Church Council swings into gear after the APCM we want to know what YOU want from your church. What can we do for you? We would like to put on more services/events that connect with you but we don't know what they might be unless you tell us!! Please drop me an email with any of your ideas. St John the Baptist is YOURS and the more it is used the lovelier it will be so PLEASE get in touch with me!

As you can see from the list below we now have a full complement of clergy – this must be the first time in 10 years! This means I can really give more of my time to this parish and the Parish of Coombe Bissett with Homington so please let me know if I can do anything for you – visits, chats, coffees and teas!!

Team Vicar (NSM) with Responsibility for this Parish Revd Canon Jenny Taylor: 01722 503081 or 07989 569588

<u>Other Clergy</u>

Team Rector - Revd Dr Ruth Howlett-Shipley: 01722 697022 or 07970 407176
 Team Vicar - Revd Alison Waterhouse: 07904 034221
 Associate Priest - Revd Kate Woolven: 07754 582395

On the first Sunday in July we will be holding our annual Choral Evensong at Stratford Tony (3 pm, 7th July!) do join us for this very special service and tea afterwards.

Do remember I am waiting to hear from you!

revjennytaylor@gmail.com

Chalke Valley Team Ministry - Parish of Bishopstone and Stratford To	ony
	J

Team Rector: Ruth Howlett Shipley01722 697022

Team Vicar responsible for Bishopstone and Stratford Tony:

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Church Wardens: George Brutton 07989 382465 Sarah Seal 01722 780305

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thechalkevalleychurches@gmail.com





ST MARY & ST LAWRENCE

STRATFORD TONY

SP5 4AT



ANNUAL SERVICE

PLEASE JOIN US FOR

CHORAL EVENSONG

at 3.0'CLOCK ON SUNDAY 7th JULY 2027

with REVD CANON JENNY TAYLOR

REFRESHMENTS AFTERWARDS

AT MANOR HOUSE

COLLECTION IN AID OF THE CHURCHES CONSERVATION TRUST & BISHOPSTONE CHURCH

DATE FOR YOUR DIARY

The 2024 AGM of The Friends of Bishopstone Church will take place on Tuesday 16th July 2023 in Bishopstone Church at 7.30pm. All welcome – drinks and refreshments afterwards

Come and hear what the Friends of Bishopstone Church are doing to maintain the fabric of the church.



Inspecting damage to the roof of the North Transept May 2024



The Friends of Bishopstone Church

If you would like to help the Friends of Bishopstone Church with their work of preserving the fabric of this beautiful building, please contact the Treasurer Norman Barter (01722 780471).

Bishopstone Parish Council

The latest meeting of the Parish Council took place on Monday 13th May 2024. Councillors Thorne, Edwards, Barter, Smith and Williams were present, together with the Parish Clerk Mike Ash. Apologies had been received from ClIrs Tatner and Rigg. The meeting was also attended, in whole or in part, by Wiltshire Councillor Nabil Najjar, PCSO Charlotte King and eleven members of the public. The full minutes of the meeting are available on the village website (www.bishopstone-salisbury.co.uk).

This was the Annual Meeting of the Parish Council and Councillors Thorne and Edwards were re-elected as Chairman and Vice Chairman respectively. The main business of the meeting was to discuss the recent outbreak of antisocial behaviour in the village and the latest stages in the bid to get the speed limit past the Recreation Field reduced.

Cllr Ali Thorne said that the Parish Council were very grateful to PCSO King for attending. There had been a recent big increase in incidents of antisocial behaviour in the village, mostly by a small group of village children. She was given an inventory that had been compiled of thirteen recent incidents which involved disturbance, harassment and criminal damage, much of it affecting more elderly or infirm residents. PCSO King said that only one of these incidents had actually been reported to the Police, who had attended.

She stressed the importance of each individual incident being reported. This can be done either by calling 999, whilst it is happening, or subsequently, either by phoning 101 or by going on-line to www.wiltshire.police.uk and clicking on the "Report" button followed by clicking on "Report Antisocial Behaviour".

It is important to report each event separately, because this builds up a picture for the Police and is more likely to receive attention. One report covering several events is not likely to achieve that.

The Neighbourhood Policing Team was being increased in size and that should free up more resources to deal with issues such as this. Hopefully, there would be a greater presence on the ground in rural villages. There followed a wide ranging discussion concerning who might be involved in these incidents and possible courses of action. Mike Ash said that applications to have the 40mph speed limit past the Recreation Field and the pub reduced to 30mph had been made in the past without success. A fresh attempt was made last year because of indications from Wiltshire Council that they were prepared to give greater weight than previously to community concerns on this matter. Wiltshire Council had appointed consultants to undertake a Speed Limit Assessment along the length of the C12. The consultants had now reported and had recommended against any change to the speed limits in Bishopstone on the grounds that the criteria set in national guidance had not been met.

These grounds were exactly the same as those on which change had been rejected in the past. Bishopstone's request had not disputed that the national guidance criteria were not met, but had asked that Wiltshire Council should exercise the discretion it is allowed by the guidance to reduce the speed limit to 30mph taking account of the additional factors set out in the submission. It was agreed to write to the Wiltshire Cabinet Member for Highways asking him to reject the consultant's findings and exercise the Council's discretion to lower the limit and make good on the undertaking to listen to community concerns. Similar action was being taken by Broad Chalke Parish Council over their request for changes on the eastern approach to the 20mph zone.

Cllr Najjar undertook to do all that he could to help on both the speed limit and antisocial behaviour issues. Relevant to the latter was that he was now the Portfolio Holder for Education and Skills. He reported on Wiltshire Council's financial position which, unlike many local authorities, was sound. He also talked about the initiatives the Council was now taking to support farmers through schemes such as "buy local". Inevitably, he was pressed about potholes and, in particular, the need for better quality control of work that was done so that repairs lasted longer.

Mike Ash said that he had now received the report of the Council's internal auditors on the accounts for 2023/24 and the meeting approved the Annual Governance and Accountability Return, copies of which will be published on the village website, and the budget for 2024/25. The budget provided for the Parish Council's share of the costs of legal processes and signage if the speed limit in the village is lowered. If that does not happen (see above) there will be space in the budget for other initiatives in the village so ideas for new projects the Parish Council might undertake were always welcome.

The next meeting of the Parish Council will take place on Thursday 11th July at 7.30pm in the Village Hall.

Village Hall



June 2024

The BISHOPSTONE COMMUNITY CAFE

Coffee Mornings are normally held on alternate **Thursdays**. Dates for the coming period are **13**th and **27**th **June** and the **11**th and **25**th **July**. **10.30am until 12.00noon**.

Everyone is welcome to look in for a coffee and chat. There is presently no charge for refreshments.

MOVIOLA at Bishopstone

Friday 28th June. The Moviola film for June is **"The Lesson".** *Liam, an aspiring and ambitious young writer, eagerly accepts a tutoring position at the family estate of his idol, renowned author JM Sinclair. But soon, Liam realizes that he is ensnared in a web of family secrets, resentment, and retribution. Starring Daryl McCormack, Julie Delpy, Stephen McMillan and Richard E. Grant.*

Doors open at 7pm with the film commencing at 7.30pm Entry for the film is **£6.00**. A cash bar with ices and snacks will be available.

If possible, please book in advance with Caroline Ash on (01722) 781044, Nigel Peasley on 07761 463737 or Sue Taylor on 01722 780316. A trailer for the film can be seen in the <u>Events</u> section of the village website at <u>www.bishopstone-salisbury.co.uk</u>.

The last film of the season will be **"Wicked Little Letters"** on the **26th July**. There will be an optional summer buffet supper starting at **6.00pm** for an additional **£6.00**. Please book in advance for the supper, stating any dietary requirements.

BISHOPSTONE COMMUNITY LUNCHES

A home-cooked lunch is served monthly from October until April. Lunches will resume on Wednesday 2nd October.

HALL BOOKINGS FOR SOCIAL EVENTS AND WORKSHOPS

Both halls are available for hire. To enquire or make a booking, please contact the bookings secretary Margaret Barter (01722) 780471

BISHOPSTONE PLAYGROUP

The playgroup meets on Friday mornings during term time from 9.30 – 11.00 am. Breastfeeding support is available from qualified breastfeeding counsellor Cally Edwards and trained peer supporters. Find further information on our Facebook page *Bishopstone Playgroup* or contact Cally on <u>callyedwards@me.com</u> or 07968 797 168.

"EXTEND" EXERCISE CLASSES

For further information about these exercise classes contact Jenny on 01722 780863, email: jennyberwynjones@yahoo.co.uk

PILATES AT BISHOPSTONE

For further information contact Claudine on 07788 587937 or email: <u>claudineblake@aol.com</u>

YOGA WITH HANNAH

For more details please contact Hannah Stocker at 0773 856 1888 or by email: yoga_with_hannah@outlook.com

SARUM SPINNERS AND WEAVERS

For more detail about the group please contact Les Smith on 01722 780761.



Thank you very much to everyone who donated plants to my stall last Saturday at the Spring Fair and to all who bought them. We put out two tables but very quickly had to add two more, such was the number of plants that were donated! It was very much appreciated by all who came and topped up their plants for the summer. Thank you all very much for making this such a lovely social occasion.

Norman

Bishopstone Village Hall rates for private hire

Bishopstone Village Hall has 2 rooms that are available for hire for a wide range of functions. The larger room is ideal for children's parties with lots of space for running around. It can also accommodate wedding receptions, charity functions and large family celebrations.

The smaller room (The Memorial Room) is a good size for meetings and smaller gatherings.

The modern kitchen is spacious and fully equipped with an electric catering range, a professional 4 minute dishwasher, water boiler, hot cupboard, microwave oven, 2 fridges and a freezer, all suitable for professional caterers. There is also glassware, crockery and cutlery for over 80 people.

The hire charges include use of heating and electricity.

The rates are currently:

		Villagers	Non Villagers		
	Hire of both rooms (With full use of the kitcher	£15 per hour າ)	£20 per hour		
	Hire of both rooms (With tea making facilities	£10 per hour but no other elect	•		
	Full use of the kitchen <u>only</u>	£10 per hour	£15 per hour		
	Weddings – per event/day	£150	£250		
	Parties – per event/day	£100	£150		

Broadband

An additional charge is made for use of the broadband connection of \pounds 6 per hour with a maximum of \pounds 25 per day.

Large projection screen

Use of this professional quality screen is charged at an additional £10 per event.

The hire period must include time to set up and clear away after the event.

For further information and bookings contact: Margaret Barter 01722 780471

Chalke Valley Community Support

POLICE **Call 999 in an emergency:** an emergency is when someone is being threatened or at risk of getting injured, or a crime is in progress.

Call 101 for non-emergencies: such as reporting a crime that has already taken place, non-urgent incident, contacting local officers etc

To contact your Community Policing Team about a community-related matter, such as a school visit, then please email SalisburyAreaCPT@wiltshire.police.uk Please note that this mailbox is not monitored 24/7.

You are unable to report crimes of any type via email and please do not report any situations that require an urgent response.

You can follow us on:

Facebook - www.facebook.com/salisburypolice

Twitter - www.twitter.com/SouthWiltsCPT

Community Messaging: Sign up to Community Messaging for news and updates from your local policing team: www.wiltsmessaging.co.uk

Sixpenny Handley and Chalke Valley Practice

Doves Meadow Surgery, Broad Chalke: 01722 780282

Broadchalke Surgery is now open on Tuesdays and Thursdays Sixpenny Handley Surgery: 01725 552500

www.sixpennydocs.co.uk

MOBILE LIBRARY

The Mobile Library is back in action and will be calling at The Styles in Bishopstone between 1115-1135 on the following Thursdays:



6 June, 4 July, 1 August, 29 August, 26 Sept, 24 Oct

Coombe	www.coombebissettstores.co.uk		
Bissett	shop@coombebissettstores.co.uk Tel: 01722 718852		
	OPENING HOURS, SHOP AND POST OFFICE		
Stores	Mon-Fri: 7am-6pm, Sat: 7am-1pm		
Chalke	w: www.chalkevalleystores.co.uk		
Valley	e: info@chalkevalleystores.co.uk Tel: 01722 780998		
Stores	OPENING HOURS		
	Shop: Weekdays 9am - 5pm (until 4pm on Saturdays)		
Broadchalke	Post Office: Monday, Tuesday & Thursday 9:30am- 1:30pm		

CHALKE VALLEY LINK SCHEME

exists to provide transport and other good neighbour support in a local, personal and friendly way to members of the Chalke Valley community who need it.

If you live between Bishopstone and Bodenham or Britford and need help getting to your surgery/hospital appointments/local shopping or to visit family members in hospital, please phone 01722 718780 to reach our Joint Transport Coordinators (Anna Mynott, Debby Underhill or Roger Brown) who will be on duty in rotation.

There is no charge, but you are invited to make a donation towards our administrative costs. Our co-ordinators are all volunteers and there may be occasions when you will be asked to leave a message which will be answered as soon as possible. Our drivers are all volunteers too, so please give us as much notice as possible so that we may find a volunteer who is available.

We are always looking for Volunteer Drivers to enable us to continue to provide a useful service for our community. If you feel you can help - you won't be committed to any particular date or time, only when you are free - please contact any of the above for further information.

Registered Charity No 1076335

Queen's Award for Voluntary Service

Staying in Touch

STaB magazine is a vital source of communication in the village, keeping everyone informed as to what is happening locally. However, the Covid-19 pandemic has highlighted the fact that situations can change very rapidly. To keep up to date with what is going on there are two other important sources of information in Bishopstone - the village website and our own WhatsApp network.

The village website – <u>www.bishopstone-salisbury.co.uk</u> is updated in real time and carries all the latest news on issues that affect the village.



The Bishopstone Network is a WhatsApp messaging service that has more than proved its worth during the pandemic, and more recently during the storms when residents were able to report fallen trees and blocked roads to the Emergency Planning Officer. Information can be instantly shared to your mobile phone about support services being

provided in the village and on a variety of other matters – everything from the length of electricity black outs to what is available from the White Hart take-away service! You will need to download the App to your phone and then contact Piers Edwards (<u>piersgedwards@gmail.com</u> or 07920 475009) or Kate Pendlenton (<u>kmpendlenton@hotmail.com</u> or 07769202200) and ask to be added to the group.

Salisbury Foodbank

A total of 16.5 kg has been donated this month plus a cash donation of £20, thank you all.

Again, anything that doesn't need cooking or needs minimal cooking is what they are asking for particularly at the moment to make life easier for those in need to save money on fuel:

Tinned meat Tinned fish Tinned Vegetables Desserts e.g. Jelly, Angel Delight and rice puddings Long-life milk and fruit juice Instant noodles Tinned fruit

Also

Rice
40g Box Tea Bags
Biscuits
Tinned soup
Jam

Pulses Small jar of coffee Beans Cooking sauces

Some slightly more unusual but nevertheless highly sought-after items are:

Tin Openers, always needed *Free From* Foods Sanitary items Baby Food. Nappies Deodorants Toilet Rolls

They are grateful for anything that you can offer and I thank you for your continued support.

Judy Barrett

As usual donations can be left at my house, The Old Post Office, The Cross, Croucheston or the Church or call me on 01722 780306 if you would like me to collect.



WELCOME BACK TO OUTDOOR PETANQUE!

Looking forward again to Friday night gatherings at the piste with good company and a drink or two playing petanque in a fantastic setting. Come and have a go if you haven't tried it already. No experience or equipment needed. Families welcome. Try out our new perch benches, somewhere to pause and contemplate your next shot or just somewhere to put the drink of your choice down. We are also planning a project to bring power to the Petanque area and to fit out and finish the 'clubhouse' to make it fit for purpose, making running the social and match nights easier with our own fridges, lighting and more storage. Once again thanks go to the locals who donated so generously to the improvement fund. We have all the equipment necessary so just turn up and play. We even have baby boules for the little ones and currently see age range of participants from 10 to 90+! UPCOMING EVENTS:

FRIDAY OUTDOOR PETANQUE - Fridays 6.00-8.30pm May - August PETANQUE KNOCKOUT PAIRS & SINGLES TOURNAMENTS - Played throughout summer with final in August

END OF SEASON BBQ - Provisionally SAT 31st August 2-8pm

Tennis Club. Club sessions include general mix-ins on Thursday and Sunday, intermediates on Tuesday, ladies only on Saturday, Shaftesbury league normally on

a Monday, Sarum league on a weekend, Mahoney tennis are delivering our coaching and the courts are generally available outside these organised times, the Tennis Club hope they are arranging everything on court for your leisure, pleasure and exercise but please let us know if not! We can also arrange a racket re-string.

AGM. This will take place at 7.30pm on Wednesday 19 June at the Centre.

Zumba. Anyone interested in the class on Wednesday mornings at 0930 please contact Victoria Pickford on 07909 820365 or Victoria.pickford1@gmail.com

Help required. In conjunction with the Village Hall Committee, we are looking into appointing a self-employed Facilities Officer to look after maintenance and facility checks on a weekly basis. Probably 2-3 hours on a weekly basis. If this is something that might be of interest, please contact Chris on the details below.

We are also always looking for volunteers to help in the operation of the sports centre. Please contact one of the committee members.

The hall, multi-use games area and playing fields area available for private hire so if you have a family celebration, why not see what we can offer?

General e.mail: *info@chalkevalleysportscentre.co.uk*

More details can be found on our website: www.chalkevalleysportscentre.co.uk



Shop at the heart of the Community Owned by YOU, Run by YOU, Here for YOU.

w: www.chalkevalleystores.co.uk | e: info@chalkevalleystores.co.uk | Tel: 01722 780998

OPENING HOURS

Shop: Weekdays 9.00am - 5pm (until 1pm on Saturdays) Coffee Shop: Weekdays 10am - 3.30pm (until Midday 12pm on Saturdays) Post Office: Monday, Tuesday & Thursday 9.30am to 1pm

SHOP LOCAL

In line with many shops and small businesses, this last year has been tough for Chalke Valley Stores. Rapid inflation has eaten into profits, and shoppers are generally having to be more careful with how much they spend. In particular, the winter trading months were difficult. In spite of such challenges the shop is continuing to operate but needs more support from the villages we serve. If you live locally, we do encourage you to use your community shop more. It would make all the difference to us.

We have held some enjoyable fund-raising events in the Hub and more will be planned. Money raised will buy much needed equipment to help us to run the shop and café.

JOIN OUR COMMITTEE

After many years of service to our Hub management committee, Terry Jolly is looking to step down as Secretary. Terry has contributed a huge amount of work and we would like to thank him for his tireless efforts on behalf of the Hub. We wish Terry well in the future. We are looking for someone to fill his role;

This requires someone who would work to ensure the smooth running of our organisation, in particular, preparing compliance documents for filing online, preparing agendas and minutes of meetings, processing share applications, maintaining the share register, dealing with insurance and ensuring compliance with our Rules. Terry is happy to be involved in providing some training. We're looking for someone who is happy to work on a voluntary basis as part of a team, share knowledge and help to arrive at consensus decisions. Please contact Derek Brown (derek.brown45@btinternet.com) if you are interested or contact Terry Jolly (terry.jolly23@gmail.com) if you wish to know more.

Home deliveries: If you need a delivery, please call the Shop on 01722 780998.

NB There is a Trussell Trust Collection Point in the Hub for any donations of foodstuffs you may wish to make. Your generosity will help those most in need.



Coombe Bissett CE VA Primary School

"Soar on wings like eagles, run and not grow weary, walk and not be faint" Isaiah 40:31

It seems no time at all since we were egg rolling and enjoying our Easter Experience and yet the first half of our summer term is almost over! Still, that gives us plenty of news to share with you...

We 'Purpled Up' to mark **Military Children's Month** and enjoyed a special visit from the **Dogs Trust** where we learned all about their valuable work.

Oak and Elm classes headed off to **Coombe Bissett Farm** and had a wonderful time meeting and feeding the lambs, riding on a trailer and learning about the farm and its livestock. It was an exciting, hands-on experience and we are very grateful to the Farm and Wiltshire Wildlife for organising such memorable learning for our children.





As we prepare to launch our new curriculum, we enjoyed a day celebrating **the people who inspire us**: historians, scientists, musicians, philosophers, authors, engineers, geographers, artists, athletes, linguists, mathematicians and theologians. Ingenious costumes and carefully chosen texts meant that the whole school enjoyed a fascinating opportunity to 'meet' so many inspiring people.



Our 'value in the spotlight' this term is 'Creativity' and there has been lots on display: our choir performing 'You're Special'; Oak class preparing beds and planting to grow their own fruit and vegetables; and – on the first Friday of May – parents and members of the wider school community were treated to our traditional celebration of country dancing and maypole.





The philosophers and historians of Fir class walked to the dig site in the village to meet the archaeologists (Alyson and Amanda). Imagine holding a piece of pottery that had last been touched by the Roman who dropped it! What a splendid introduction to archaeology and another amazing opportunity on our doorstep.

It was the musicians of Ash class who were being inspired the following day. As they have been learning about the origins and features of musical theatre, what better way to prepare for the end -of-year KS2 performance than to watch 'Chitty Chitty Bang Bang' at the Mayflower in Southampton.





And finally, a large group of our athletes – along with some intrepid parents and one unicorn – participated in the Salisbury Schools' Mini Marathon. Mrs Haworth was surprised by the challenging, hilly course and was thoroughly impressed with all who ran. It was also a delightful surprise to learn that the under-11 girls' team came 2nd in the Small Schools category: a fine achievement.

Huge thanks to all who donated to our recent Bag2School collection. We raised £165.60 - a fantastic amount that can be used to enhance the children's learning.

Notes from a Nutritionist by Amber Cotton Nutrition

My husband and I have just returned from a short trip to Morocco and so this month I'm giving you a recipe for a fabulous Middle Eastern spiced-lamb dish that works well either as a special weekend dinner or can be scaled up as part of a feast for family or friends.

At the heart of this dish is succulent new season lamb, marinated in a blend of fragrant spices. British lamb is an excellent source of high-quality protein, providing all the essential amino acids that your body needs for tissue repair, growth, and overall maintenance. As you age, it is crucial that you consume adequate protein as it particularly supports good muscle health and strength.

Lamb is also packed with essential nutrients such as iron, zinc, vitamin B12 and selenium. Iron is essential for the production of red blood cells and the transportation of oxygen throughout the body, lowering your risk of iron-deficiency anaemia, and zinc is essential for immune function, wound healing and plays a role in maintaining healthy skin, hair and nails. Vitamin B12 is needed by your body for energy production and nerve health, and selenium is a powerful antioxidant that helps to protect your cells from damage.

Cumin, coriander, cinnamon, and ginger infuse the dish with more than just rich flavour; they also boast impressive health credentials. Cumin is known for its anti-inflammatory properties, may alleviate symptoms of digestive discomfort and promotes gut health, whilst coriander is a powerhouse of antioxidants, which can help to reduce the risk of chronic diseases. Cinnamon is celebrated for its ability to regulate blood sugar levels and improve insulin sensitivity, and ginger aids digestion, eases muscle pain, and supports immune function.

Accompanying the Moroccan Spiced Lamb is a vibrant tabbouleh. Bulgur wheat is a whole grain rich in fibre, meaning that it promotes digestive health, may help to regulate cholesterol levels, and aids weight management by making you feel fuller for longer. But fresh herbs are the stars in this dish as they are packed with vitamins, minerals, and antioxidants, bolster immune function, support detoxification, and support the reduction in inflammation throughout your body.

Edamame beans are young soybeans and are a protein powerhouse, delivering all nine essential amino acids crucial for muscle repair and growth. Additionally, they're rich in folate (vitamin B9), iron, and calcium, promoting heart health, enhancing bone density, and supporting overall well-being.

Finally, pomegranate seeds are not only both deliciously sweet and tart but also offer an array of health benefits. They are loaded with powerful antioxidants which research suggests may have protective effects on heart health. They are also a good source of fibre and will support your gut health by nourishing your beneficial gut bacteria.

I hope you enjoy my recipe this month, and that you find the nutritional information useful. But always remember, you need to consume these foods as part of a balanced diet to reap their full benefits. If you need any more information about how your diet and lifestyle can help to support good health, then get in touch at <u>amber@ambercotton.co.uk</u>.

Wishing you a happy June, Amber

Moroccan-Spiced Lamb with Herby Tabbouleh

Serves 4

Ingredients:

- 600g lamb steaks or 4 lamb chops
- 2 tablespoons olive oil
- 2 cloves garlic, minced
- ¹/₂ tsp ground cumin
- ¹/₂ tsp ground coriander
- ¹/₂ tsp ground cinnamon
- ¹/₂ tsp ground ginger
- ¹/₂ tsp hot paprika
- ¹/₄ tsp cayenne pepper (optional)
- Salt and pepper to taste
- Juice of 1 lemon

- 200g bulgur wheat
- 150g cooked edamame beans (shelled)
- Large bunch fresh parsley, tougher stalks removed
- 1 small bunch of fresh coriander, leaves picked
- 1 small bunch fresh mint, leaves
 picked
- 4 spring onions, finely chopped
- Grated zest and juice of 1-2 lemons
- 2 tbsp extra virgin olive oil
- Salt and pepper to taste

Instructions:

1. In a bowl, combine the olive oil, minced garlic, ground cumin, ground coriander, ground cinnamon, ground ginger, paprika, cayenne pepper, salt, pepper, and lemon juice. Mix well to create a marinade.

2. Place the diced lamb in the marinade, making sure each piece is coated evenly. Cover the bowl and allow to marinade for 30 minutes at room temperature.

3. Heat a large frying pan over medium-high heat. Once hot, gently scrape off the excess marinade then add the lamb pieces in a single layer, working in batches if necessary to avoid overcrowding the pan.

4. Cook the lamb for about 3-5 minutes per side for medium cooked meat. Adjust cooking time based on your desired level of doneness.

5. Once cooked, remove the lamb from the pan and set on one side to rest.

6. Cook the bulgur wheat according to package instructions. Once cooked, fluff it with a fork and let it cool slightly. In a large bowl, combine the cooked bulgur wheat, chopped parsley, chopped mint, chopped spring onions and edamame beans. Set aside to allow the flavours to mingle.

7. Whisk together the lemon juice, olive oil, salt, and pepper in a small bowl to create the dressing. Pour over the tabbouleh mixture and toss until everything is evenly coated. Adjust seasoning to taste, adding more lemon juice, salt, or pepper if desired.

8. Serve the Moroccan spiced lamb alongside the herby tabbouleh.

Garnish with additional fresh herbs, pomegranate seeds, toasted pine nuts, lemon wedges or a dollop of houmous.

Still Rambling with Jazzie

Well, at least the sun has come out at last, and Jazzie and I have enjoyed some warm and sunny walks in the morning or after tea in the evening! The garden is looking good again and my word we have mowed! So many cuts between showers, and the grass continues to grow! We finished our lawns on Sunday, and they need another cut now!



The toms and cabbages are coming along very well, but the slugs have had the beans, so we must sow again and hope the sun will keep them away. Jo has created some very good hanging baskets, now ready for collection! She is kept very busy by the village and BC and CB customers, so is doing well with her Croft Gardens.

Attended a very good talk by Max Hastings to the Military History Society, which was well attended. We all trod the Falkland Campaign with him once again. Three of my paintings are now on display in the hospital for their ArtCare Open Exhibition. Whether any will sell is another question! We continue busy on Friday afternoons in the Cathedral, guiding and enjoying meeting so many interesting people.



What a farce the election was. The poor stewards looked very tired and forlorn when we went along to mark our sheet! However, the hedgehogs are still busy in the garden, and enjoying their evening feed. Jazzie often tucks in too!

Poor old Jazzie had two visits to the vet last week. One was for the annual health check, which is always a bit

fraught for her, as her teeth need looking at, and a temperature taken. Fiddling with either end is not nice for J, and she lets you know! The second time was after a walk on Sunday, when it was sunny and warm, she suddenly walked more and more slowly up the track from the Mill to Flamstone Street, and then just stopped and lay down and would not move. That visit was inconclusive, but she probably had got overheated, and it cost me a lot of unnecessary money! She is fine now, and about to go out for another evening stroll.

We remain fine and busy, especially with all the hospital and surgery visits needed at this time of life. At least it is a change of air, and you always meet old friends at the BC Surgery! We often end up having a good chat and catch-up there.

Anyway, off now for a stroll with Jazzie in the lead, and more in the garden tomorrow.



James Thompson (20.05.24)

Salisbury Art Trail

The Salisbury Art Trail will take place from Saturday May 25th to Sunday June 9th, and yellow signs will be popping up in the valley!

Over 80 artists are taking part in Salisbury and the surrounding area, in over 40 venues, so there will be plenty to see from paintings to ceramics to jewellery and much more.

Locally, Jenny Monds in Flamstone Street Bishopstone will be showing her paintings, including her new work using gold leaf, as well as drawings and greetings cards. She says the kettle will always be on in her garden studio, which will be open every day from 10.30 – 5pm (11.30am on Sundays) or later by appointment. For more information see www.jennymonds.com

In Bowerchalke, Grays Stone Carving Studio will be taking part – and there will be opportunities to have a go at carving! (See website for details: grays-stone-carving.co.uk)

This is a great opportunity to see a wide variety of original art, and meet the makers.

Catalogues showing the location of all the artists will be available in local shops and pubs, from Pod & Pip in Stratford Tony, or from Jenny in Flamstone Street.

Chalke Valley Fete and Produce Show

17th August 2024

Just a reminder to put the date in your diary and please take a look at our website: <u>https://chalkevalleyfete.co.uk</u> It shows all our different classes from flower arranging, baking, photography etc. This year for the first time you can enter online. The afternoon is packed with things for the whole family including a fun dog show, brass band, Morris dancers and a bird of prey display. We have rural craft and makers stalls classic cars and so much more. Any questions please contact us via the website or our facebook group:

Chalke Valley Fete.



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SEPTEMBER

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Kate Pendlenton

All Saints, Broad Chalke 7pm, June 6th 2024

COMMEMORATING THE D-DAY LANDINGS, June 6th 1944



To Commemorate the 80th Anniversary of the D-Day Landings, an evening of poetry and prose written by those who took part in the start of the liberation of Europe.

This is a free event, with a retiring collection for the Royal British Legion

Sale of Manor Farm Poor Patch, Broad Chalke

The trustees of Broad Chalke Community Fund have decided to sell Manor Farm Poor Patch which is approximately 3.56 hectares (8.79 acres). The land lies to the south west of Church Bottom Drove between Limekiln Bottom (part of the Middleton Down Nature Reserve) and part of Manor Farm.

It has been held in trust since the 1790s and for many years has been let for shooting purposes. That arrangement has come to an end and so, with little prospect of letting it again at a worthwhile rent, the decision to sell has been taken in order to be able to invest its value and so to produce income for this parish's community fund.

So, if you have always wished to own a small but tranquil piece of natural regeneration woodland, now is your opportunity; while at the same time, you may be helping Broad Chalke Community Fund in its work.

Observing Charity Commission rules, the five week notice period will start on Thursday 30th May and will end on Wednesday 3rd July. Sealed bids will be accepted only during that period and will be considered by the trustees shortly after the latter date.

For details, and for the submission of a sealed bid, please contact Michael Roe at Lodge Farmhouse, Broad Chalke, Salisbury SP5 5LU, or <u>mjroe99@gmail.com</u> or 07831103062.

Community Lunches

We have now had two successful community lunches on the first Friday of the month at the Hub in Broad Chalke.

If you would like to join us, we have the large table on the first Friday of each month at 12:30.

Come on your own or bring a friend. Put the following dates in your diary:

June 7th July 5th August 2nd September 6th



There's still time to buy tickets for the **Chalke History Festival**, running from 24th-30th June in Broadchalke.

With so much on offer - a day pass covers a huge number of exciting talks on the outdoor stages, with living historians sharing their expert knowledge, performers and musicians providing entertainment for all the family, and loads of scrumptious local food and drink - visitors to the Chalke

History Festival will be spoilt for choice this year. We can't promise another appearance of the Northern Lights, but what we can do is guarantee a spectacular summer festival experience. Affectionately known as the 'Glastonbury for history buffs', the festival takes place in a stunning venue in the Wessex countryside, with a line-up that includes names that would surely appear on most people's fantasy dinner party list.

In addition to VIP names already announced, such as Bettany Hughes, Frank Gardner, Michael Wood, Zeinab Badawi, James May and all the nation's favourite history podcasters, visitors will be given the opportunity to hear from the foremost thought leaders and political influencers from the UK and abroad, including:

Michael Neiberg on the history of the current catastrophe in Gaza and delving into the Second World War origins of today's Middle East crisis; Hanna Shelest and Victoria Vdovychenko, two brilliant academics from Ukraine, on the future of their country; Calder Walton on the history of the epic espionage war between Russia and the West; Sebastian Faulks, Adam Rutherford and Rebecca Wragg Sykes on what it means to be the last surviving form of humanity; Ali Ansari on the history and future of Iran.

It's not all about the adults at the Chalke History Festival, little ones can have hours of fun in the **Storystock Children's Tent of Surprises** and create lasting memories. Filled with captivating tales and interactive storytelling sessions, this enchanting space is where history meets fantasy. At the weekend the programme includes **Martin Brown**, who will be delving into the fascinating world of The Romans, **Amy Jeffs**, who will be diving into magical myths and lost legends, and a range of hands-on activities where kids can make a Tudor neck ruff, a Victorian love puzzle purse, or a Medieval wall hanging. Elsewhere on the site, children will get a chance to watch history come to life through performance and living history events, for example watching medieval knights sword fighting or exploring the Second World War trench. Plus, there will be talks specifically aimed at young minds of all ages where the speakers will cover a diverse range of topics, designed to make learning fun and accessible.

The full programme can be found here: <u>https://www.chalkefestival.com/programme/</u>

The Chalke History Festival will take place at Church Bottom, Broad Chalke, Salisbury, Wiltshire, SP5 5DP.

Environment – Nurturing Nature, Sustaining Life

Are you ready to play a vital role in the seamless operation of a dynamic working environment?

This is a temporary post which has an end date of 31st December 2024.

The Chase and Chalke Landscape Partnership (LPS), hosted by Cranborne Chase National Landscape in Tollard Royal and supported by the National Lottery Heritage Fund, seeks a knowledgeable, experienced, and passionate Project Support Officer to support the Scheme in its final year. This multifaceted position involves supporting and working with the Chase & Chalke LPS team, partners, and stakeholders across a number of projects, encompassing financial and office administration, as well as project support.

As our Project Support Officer, you'll provide administrative and financial support to our small dedicated team, ensuring the effective management of budgets, grant processing, and adherence to funding regulations. Your responsibilities extend to maintaining databases, supporting event coordination both planning and delivery, and preparing agendas and taking minutes.



We are looking for candidates with strong IT skills and a minimum of 3 years' relevant experience. Your friendly nature, organisational expertise, and proactive problem-solving skills are indispensable for this pivotal role, shaping the Landscape Partnership Scheme's ongoing success through collaborative teamwork and dedicated support.

Join us in making a substantial impact on the preservation and enhancement of our cherished landscapes.

For more details, contact Robert Lloyd, Chase & Chalke Landscape Partnership Manager,

at **robertlloyd@cranbornechase.org.uk** or call 01725 517417.

Charity News and Events

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Tickets, to include a glass of wine, £12.50 from Casa Fina, 62 High Street, Salisbury 01722 326428, from choir members and on the door

You are warmly invited to our Summer Concert ALL YOU NEED IS LOVE We are delighted to be joined, as our readers, by Lisa Day and Robert Gordon Clark, founders of PlayGC Theatre Company (www.playgc.co.uk). On the theme of *Love*, our programme will include poetry and prose ranging from Shakespeare to Sue Townsend, via the Brontë sisters, Jane Austen, Dylan Thomas, Seamus Heaney, Louis de Bernières and many others. St John Singers, joined tonight by the Cathedral Youth Choir, will intersperse these readings with music by Chilcott, Vaughan-Williams, Gjeilo, Britten, Leonard Bernstein, Lennon & McCartney, Sting, and much, much more. This will be a lovely Summer's evening; come along with your friends.

Puzzles and Activities

By Cally Edwards

SPELLING BEE

How many words can you make?

From the 7 letters below, find as many words as you can that have at least 4 letters and must contain the letter in the centre. Each letter can be used more than once.



Sudoku

					5		1	4
							2	9
			6		1	7		
	2	3		6		1		8
4	8				7			
7		6				3		
			1		3			
8	1			9	4			
	3		2	8				

Police Bulletin

A monthly newsletter from Philip Wilkinson, Police and Crime Commissioner for Wiltshire.



Regardless of political alignment, I'm here to serve you

My determination to represent and serve our communities is unwavering and I am honoured to have been re-elected to serve as your Police and Crime Commissioner for the next four years.

It is my responsibility to ensure that your views and lived experiences are reflected in how we work towards making Wiltshire safer and my promise remains the same – to be your voice in policing and to hold the Chief Constable to account for the effective and efficient police service that residents deserve.

Regardless of political alignment, or whether you voted for me or not, I am here to serve you and act as your voice in policing and crime. Before the role of PCC was established in 2012 there was a disconnect between the communities and police accountability and since then you have had the power to have your say at the ballot box on who you feel best represents you.

My focus now turns to ensuring that those lesser heard voices are consulted in the development of my next Police and Crime Plan which acts as a blueprint for the strategic policing and crime priorities. My responsibilities spread the entirety of the criminal justice system, including policing, victim support, early intervention and offender rehabilitation.

It is of paramount importance to me that your feedback is reflected in any decisions that are made.

I want to hear more from rural communities, business owners and retailers about the impact of crime on them – and what they need to feel safe and supported by Wiltshire Police and partners.

Wiltshire Police was placed into the Engage status or 'special measures' shortly after I took office during my first term and alongside my wider office I continue to scrutinise robustly, in addition to supporting the Chief Constable to drive up the standard of policing our residents receive.

Tremendous work has been done in that time to improve the police's response and performance, and especially so since Chief Constable Catherine Roper started in post just over a year ago. Whilst I am proud of the improvements that have been achieved in that time, the Force is still not where I or the Chief Constable would like it to be, and we will not be satisfied until Wiltshire Police is considered an outstanding police force.



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Also, if you know of any local businesses that might be interested in advertising with us, please do pass on our details to them.

Many thanks to Rob, our new advertising editor, who has been working hard to secure us some new advertisers. STaB couldn't exist without the revenue brought in by adverts, and we hope that the magazine is an effective way for local businesses to advertise as we reach over 300 homes in the parish, plus being published on the Bishopstone village website.

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3. The deadline for publication is the 20th of each month. Please send ad as early as possible as the e-mails will not be checked daily. If you do not send a new ad by this date, we will use the most up to date version we have.

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Payable to: Bishopstone Parochial Church Council	Bank: Lloyds TSB
Send to:The Treasurer, Ebble Cottage, Mill Lane,	Sort Code: 30-97-41
Bishopstone , SP5 4BG	Account Number: 00665145
	Account Name: PCC Bishopstone Church

Terms - payment within 14 days

BISHOPSTONE PARISH COUNCIL

Councillors	Telephone	
Ali Thorne (Chairman)	07768 514133	
Piers Edwards (Vice Chairman)	01722 780079	
Norman Barter	01722 780471	
Anita Smith	01722 781213	
Michelle Tatner	07968 842525	
Simon Williams	01722 780905	
Nicky Rigg	07786 806914	
Parish Clerk		
Mike Ash		
Lower Thatch	01722 781044	
Flamstone Street	bishopstoneclerk@btinternet.com	
Bishopstone		
SP5 4BZ		
Further information is on the village website: www.bishopstone-salisbury.co.uk		

THE VILLAGE HALL COMMITTEE MEMBERS

Chairman - Norman Barter	780471
Treasurer - Francis Taylor	780316
Secretary - Sue Grantham	07873 596310
Entertainments - Sue Taylor	780316
Event bookings - Caroline Ash	781044
Hall bookings - Margaret Barter	780471
Hall maintenance - Nigel Peasley	07761 463737
Minute secretary - Virginia Middleton-Smith	780444
Member - Andy Stocker	780956
Member - Kathy Hales	07940 659644
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The Village Hall is an important resource and offers a venue for a wide variety of events for the benefit of all. The Hall is supported by a large group of dedicated local people in addition to the Committee. We hope you will support events whenever you can and if you would like to join the wider group of Friends of the Village Hall then please contact any member of the committee.

FLOOD WARDENS	
West - Nigel Peasley	07761 463737
East - Michael Pratt	07798 607742
Emergency Planning - Piers Edwards	07920 475009

Letters to the Editor

Letters to STaB are very welcome, but the views expressed may not be those of the editorial team or the Parish Church Council.

The landowner of the Fovant Badges has been clearing the scrub around the historic badges, making them more clearly visible.

Photo used by permission of the Fovant Badges Society.



Bishopstone Village Website

www.bishopstone-salisbury.co.uk

The village website carries a wealth of information about Bishopstone. There are pages devoted to the church, the Parish Council, what's on at the Village Hall, meetings, clubs, local organisations and village walks. There are even digital copies of this magazine.

If you want to have any information included on the website please contact either

Mike Ash (bishopstoneclerk@btinternet.com)

Or Roger Stockton (rogerstockton@icloud.com)

STaB Selling Spot

STaB Selling Spot posts are free of charge for those who live in the Parish. Let us know if you have anything to sell!

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Services in Chalke Valley Benefice – June 2024

BCP = Book of Common Prayer (Traditional Language), CW = Common Worship (Contemporary Language)

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BCP = BOOK	of Common	Prayer (Traditional Language), CW = 0	Common worship (Contemporar	y Language)
2 June 1 st Sunday after Trinity	9.30am 9.30am 11.00am 11.00am 11.00am	Holy Communion (BCP) Family Communion (CW) Parish Communion (CW) Morning Prayer (BCP) Parish Communion (CW) Family Service Morning Prayer	Berwick St John Broad Chalke Britford Ebbesbourne Wake Coombe Bissett Odstock Bishopstone	Ruth H-S Alison Waterhouse Jenny Taylor Biddy Trahair JT / A Waterhouse Adrian Taylor Sally Leaver
9 June 2 nd Sunday after Trinity	9.30am 10.30am 11.00am 11.00am 11.00am	Parish Communion (CW) Family Communion (CW) Worship Together Morning Prayer (BCP) Family Communion (CW) All Age Service Evening Prayer	Bowerchalke Nunton Broad Chalke Hub Charlton All Saints Coombe Bissett Alvediston Fifield Bavant	Kate Woolven R H-S/A Waterhouse Lay Led Rhoddy Voremberg Jenny Taylor Biddy Trahair Biddy Trahair
16 June 3 rd Sunday after Trinity	9.30am 9.30am 11.00am 11.00am	Holy Communion (BCP) Parish Communion (CW) Parish Communion (CW) Family Communion (CW) Parish Communion (CW) Songs of Praise	Bowerchalke Bishopstone Odstock Ebbesbourne Wake Homington Berwick St John	Ruth H-S Jenny Taylor Alison Waterhouse Alison Waterhouse Ruth H-S Alison Waterhouse
23 June 4 th Sunday after Trinity	9.30am 11.00am 11.00am 11.00am 11.00am	Parish Communion (CW) Parish Communion Family Service Parish Communion (CW) Baptism Holy Communion (BCP) Evening Prayer (BCP)	Charlton All Saints Broad Chalke Nunton Bishopstone Berwick St John Alvediston Homington	Jenny Taylor Ruth H-S Adrian Taylor Jenny Taylor Ruth H-S Alison Waterhouse Rhoddy Voremberg
24 June Birth of John the Baptist	2.00pm	Coombe Bissett Primary School Confirmation and Baptism Service in Church	Coombe Bissett	Bishop of Ramsbury
30 June 5 th Sunday after Trinity	10.00am	Benefice Communion Benefice Communion Ebblefest Riverside Service	Alvediston Homington Odstock Jubilee Garden	Kate Woolven Alison Waterhouse Ruth H-S
7 July 6 th Sunday after Trinity	9.30am 9.30am 11.00am 11.00am 11.00am	Holy Communion (BCP) Family Communion (CW) Parish Communion (CW) Morning Prayer (BCP) Parish Communion (CW) Family Service Choral Evensong & Tea	Berwick St John Broad Chalke Britford Ebbesbourne Wake Coombe Bissett Odstock Stratford Tony	Alison Waterhouse Kate Woolven Ruth H-S Biddy Trahair Jenny Taylor Adrian Taylor Jenny Taylor
Ministry Team: Team Rector ~ The Revd Dr Ruth Howlett-Shipley: 01722 697022 Team Vicars ~ The Revd Canon Jenny Taylor: 01722 503081, The Revd Alison Waterhouse: 01722 679404 Associate Priest ~ The Revd Kate Woolven: 07754 582395 Team Administrator ~ Mrs Emily Broomhead: 07890 262376				
Assisting Clergy:The Revd Canon Anthony Hawley: 01794 390607, The Revd Canon Tony Monds: 07808 614597Lay Worship Leaders:Yvonne & Kevin Follett: 01747 828785, Caroline Lamb: 01722 780789, Sally Leaver: 01722 780447, Naomi Martin: 07713031774, Don Morgan: 01722 718557, Adrian Taylor: 01722 325862, Gill Riley: 01722 780538, Janet Roe: 01725 519242, Biddy Trahair: 01722 780666, Rhoddy Voremberg: 07785 304142, James Wardroper: 01722 71852				

If there are any problems with the delivery of STaB please contact Sue Porter on *porter1totalserve@gmail.com* or 01722 780459.